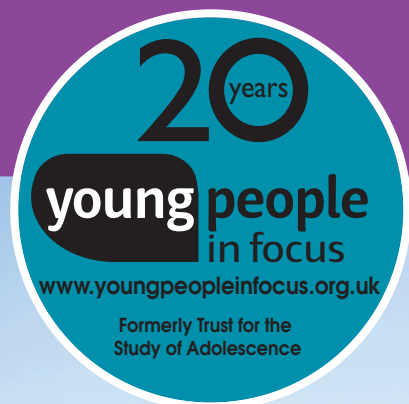


# young people in focus

research | training | publications

The Trust for the Study of Adolescence  
has a new name...

What we do



# 20 years of improving services for young people

Young People in Focus was founded in 1989 as the Trust for the Study of Adolescence. We modernised our name in 2009 as part of our 20th anniversary celebrations.

## **We help individuals and organisations working with young people and families to provide better services by:**

- carrying out research and evaluating services
- running projects that develop professional practice
- producing practical resources such as guides, toolkits and training packs
- training professionals in a range of topics
- influencing policy-makers.

## **We work across the UK and cover:**

- health and emotional wellbeing
- learning and education
- parenting and family life
- youth social action and participation
- youth justice.

We carry out original research, pilot new ways of working and find out what works in practice. We then make sure that it reaches professionals in ways they can really use.



During the past 20 years Young People in Focus has had a major impact on the lives of young people and families. Here are some examples of our work.

↳ **Research projects**...with 3,000 young people to help a leading BME sexual health charity to develop its work; identifying what parents think of websites as sources of information and support; finding out what children want during the transition to secondary school

↳ **Evaluations** of a range of new projects and initiatives, which improved the provision of services provided by schools and colleges, health services, charities, statutory organisations, and others

↳ **Influencing** national policy on topics such as supporting young fathers, staff training in Young Offender Institutions, and supporting parents of young people (including those in the youth justice sector)

We focus our work on some of the most disadvantaged and marginalised young people and families in the UK. We take a positive approach, and aim to challenge the negative portrayal of young people today.

↳ **Training** thousands of professionals across the country on ways of promoting young people's wellbeing and on working with parents including Young People and Self-harm and Working with Troubled Teenagers

↳ **Pioneering** support for the parents of young people through a range of initiatives including major parenting training programmes such as ESCAPE and Take3

↳ **Publishing** and distributing a wide range of books, DVDs and other practical resources for professionals working with young people – 40,000 titles sold in the past 10 years.

## What we can offer your organisation...

Young People in Focus is committed to:

- High quality research and evaluation, training, and publications – tailored to your specific needs
- The highest ethical standards and anti-discriminatory practice
- Ensuring that research and evidence is translated into formats that people can really use
- A positive approach to young people and families
- Actively engaging young people and families.

We make sure our work reaches a wide audience of practitioners and policy-makers. We have an extensive database with 15,000 contacts and have run nearly 150 national conferences on a wide range of topics.



# Publications

Our current catalogue contains over 65 titles, with more online [www.youngpeopleinfocus.org.uk/publications](http://www.youngpeopleinfocus.org.uk/publications) including Key Data on Adolescence 2009, Going to Secondary School, Wavelength – a handbook of communication strategies, the parenting programmes ESCAPE, Take3 and Challenging Years! resources on fostering plus much more.



*'Well done for making young people's involvement real and not lip service'*

Conference Delegate

*'The research you did for us will make such a difference to the way we work'*

National Charity

*'An excellent trainer – great combination of theory and practical strategies'*

Children's Services Worker

Young People in Focus is independent, and is supported by a wide range of organisations including:

- Voluntary and statutory organisations across the UK
- Alcohol Education and Research Council
- Barrow Cadbury Trust
- Big Lottery Fund
- Children's Services
- Department for Children, Schools and Families (DCSF)
- Department of Health (DH)
- fpa
- Gulbenkian Foundation
- National Children's Bureau (NCB)
- Parenting Fund
- Prison Service
- Youth Justice Board

Please contact us if you are interested in commissioning research or training, supporting our work or just finding out more.

**young people**  
in focus

research | training | publications

Young People in Focus  
23 New Road Brighton  
BN1 1WZ UK

Registered Charity No. 800223

Tel: +44(0)1273 693311

Fax: +44(0)1273 679907

Email: [info@youngpeopleinfocus.org.uk](mailto:info@youngpeopleinfocus.org.uk)

[www.youngpeopleinfocus.org.uk](http://www.youngpeopleinfocus.org.uk)